

WORRIED ABOUT ALCOHOL OR DRUG USE  
OR ANY OTHER BEHAVIOR THAT MAKES  
YOU FEEL UNHAPPY OR EXHAUSTED?

ARE YOU BETWEEN AGE 18 AND 30?

SMART RECOVERY YOUNG ADULT  
MEETINGS CAN HELP!



# SMART RECOVERY YOUNG ADULT MEETINGS



SMART RECOVERY  
HAS PRACTICAL  
TOOLS BASED ON  
COGNITIVE  
SCIENCE!

Join an All Ages Meeting Or  
A Young Adult Meeting Exclusively  
For Ages 18-30

Questions?  
Contact: Laura at  
[lczeppieri@wheelerclinic.org](mailto:lczeppieri@wheelerclinic.org)

[Click Here For The Meeting  
Days/Times Or Use  
The QR Code](#) →



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